



UvA Start Newsletter | no. 6 - 22 August 2024

Arrived in Amsterdam

Dear **student**,

The sun is shining, students are filling up the campuses, and we are excited! Hopefully, you had a safe journey and a smooth start after you arrived in Amsterdam. Perhaps you're starting to feel at home already? **In case you have any practical questions left upon arrival, visit the Arrival Desk** in the E hall of the Roeterseiland campus, **on Monday, 3 September from 09:00-17:00**. Your [study programme](#) can help you with study-specific matters. We wish you a good start at the UvA!

Find more details on uva.nl/uponarrival →



Register with the municipality

Whether it's Amsterdam, Haarlem or Purmerend, as an international student, you must **always register in the municipality where you are going to live**. The BSN number you will receive is needed to open a bank account, visit a doctor or receive hospital treatment. The UvA has made special arrangements with the municipalities of Amsterdam and Diemen to easily register its students.

[Check out what to bring and when to visit →](#)



Career guidance during and after uni

Did you know the UvA has a Student Careers Centre? Career coaches can help you with more than you might think! **Check out what services are available** in [the video](#) and find details on career.uva.nl.



Free sports membership for the remainder of 2025: the USC Deal!

[This information only applies to Bachelor students.]

Explore a wide range of sports and meet your peers! The UvA offers you, as a first-year bachelor's student, a membership to its own sports centre, USC. Try fitness, yoga, kickboxing, basketball, bouldering and more, seven days a week. Membership is free until 1 January 2025! **Keep an eye on your email box for the code you'll receive mid-September.**

[Check it out on the UvA student website →](#)



All information in one place: student.uva.nl

Your studies are about to begin, and a lot of information is likely coming your way. At the UvA, **it's important to remember one website: student.uva.nl**. Here, you will find all the information you need during your studies, easily check your schedule and your study results, stay informed about the latest news, and discover events you don't want to miss.

Moreover, you can go there for all your questions, and can opt to receive push notifications for important updates.

[Visit student.uva.nl](https://student.uva.nl) →

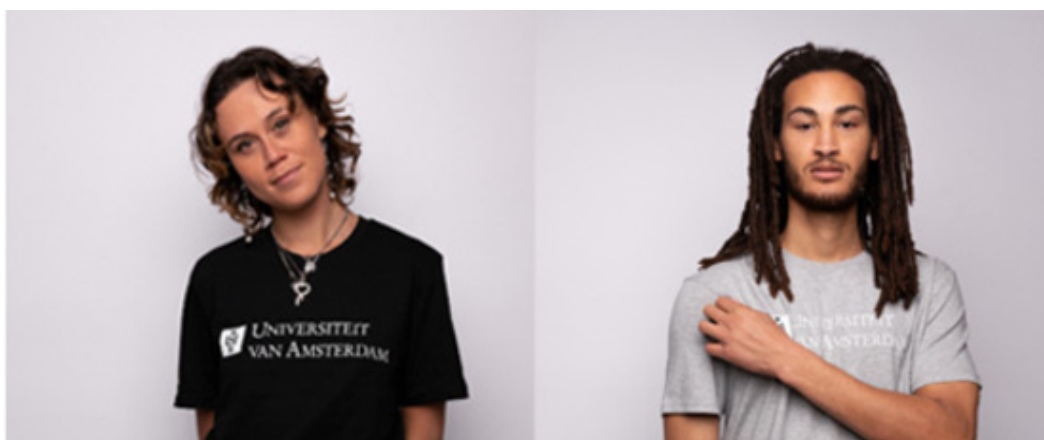


UvA podcast for Internationals

International UvA students Saya (BA in Psychology, from Peru) and Juan (MA in Biomedical Sciences, from Spain) have created a podcast, in which they share their **first-hand experience with topics that every prospective international UvA student deals with.**

Take a walk through your new surroundings while you discover everything you need to know as a prospective UvA student in our International Student Podcast!

[Listen on Spotify](#) →



25% Off on Merch Items in Our Back to Uni Offer!

Kick off your UvA journey with an item from our extensive collection of university merch. Our collection includes but isn't limited to:

- Hoodies and jumpers
- Water bottles and coffee cups
- Bicycle accessories
- School supplies

Back To Uni Offer: **From 26 August through 7 September**, you can get an exclusive 25% off during our Back to Uni Offer with a valid UvA Student ID. Visit the UvA Shop at [Spui 23](#) in the heart of Amsterdam or check out our online store on uvashop.nl. UvA students also benefit from a year-round 20% discount in-store.

Don't miss this chance!

University of Amsterdam

Editors: UvA Student Services. Contact us through the UvA Central Student Service Desk.

You are receiving this newsletter to help you prepare for your study programme at the University of Amsterdam, once every two or three weeks, from June up to the first week of September. Previous editions are available [online](#) (pdf).

Images: UvA Beeldbank, Unsplash and Freepik.



If you no longer want to receive this newsletter, unsubscribe [here](#).